

Conceiving a baby is something that many of us take for granted, yet as a couple, we have on average, only about a 20% chance of conceiving each month. This figure may surprise those who are able to have children easily. It will not surprise the 1 in 6 couples who find they do not conceive so easily.

Why can it be difficult to become pregnant?

In order for conception to occur several things need to happen. The woman must be ovulating (releasing a healthy egg from her ovary) each month. The egg must travel into her fallopian tube to meet and be fertilised by the healthy sperm, which have been ejaculated into the woman's vagina and travelled up through her womb in to the tube. Then the fertilised egg must travel down to the womb and attach itself to one of the walls.

Difficulties can arise at any stage in the process and with either the male or female partner, or in some cases, both partners. If you have any concerns about your fertility, contact us now. We can provide the advice and information you need.



SUPPORTLINE

0800 008 7464

or email:

admin@infertilitynetworkscotland.com

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Charter House, 43 St Leonards Road,
Bexhill on Sea,
East Sussex TN40 1JA

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Infertility Network Scotland
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Are you
trying for a
child?

Is it taking too long?

Are you having difficulties
accessing NHS treatment?

Do you need advice and
information?

Infertility Network
Scotland are here to help

Studies estimate that 1 in 6 couples seek specialist help in trying for a child. Yet, despite the high number of couples affected, many feel that no-one can possibly understand the devastation their condition causes and as a result feel totally alone.

However – you are not alone

At Infertility Network Scotland we aim to ease the feelings of isolation on both an emotional and practical level. Our members tell us frequently that by accessing our services, they are helped in the management of their illness

“It has helped me and helped me to feel ‘normal’ again when I know others feel as I do. I have found it makes me more positive”

Our services are open to anyone from the day they first think they may have a fertility problem, through investigations, treatment and beyond. We also provide help and support to those ending treatment and those facing involuntary childlessness through our More to Life network.

As well as providing essential services, the charity widely represents patient’s views and interests throughout the field of infertility. We work closely with all professional bodies including The Human Fertilisation and Embryology Authority, The British Fertility Society, The Fertility Nurses Group, The Department of Health and many more. Our interaction with these bodies helps ensure that patients have a voice that is clearly heard.

We are YOUR charity!

Are you having difficulty accessing any NHS treatment?

We lead the National Infertility Awareness Campaign (NIAC), which fights for equality of access to NHS funded fertility treatment. Our work in this area is on your behalf and it is work that is absolutely essential. We want to hear from you if you are experiencing difficulties accessing NHS treatment and any other problems you may encounter. Contact us at niac@infertilitynetworkuk.com

We work for YOU!

Infertility Network Scotland can help you cope with your fertility problems

Infertility Network Scotland provide help and support to anyone, however, by joining, you are able to access a wider range of services which will help you make informed decisions. Practical and emotional support is made available from people who understand what you are going through.

Our services include:

- Talk to and hear from others through our professionally produced magazine containing medical articles, topical news items, and personal experiences
- Our UK wide network of volunteers will speak to other members of Infertility Network UK who have been through a particular experience and share feelings
- We can also put you in touch with local support groups and set up new groups
- Our More to Life network is available for those ending treatment and those facing involuntary childlessness
- Our ACeBabes network for those whose families are created through fertility treatment, surrogacy, fostering or adoption



Access to the latest information

Professional advice line service – an I N UK premium service providing advice from our medically qualified member of staff and available 3 days each week

Interactive website – with useful information, open forum and chatrooms as well as specific sections of the site for members only, plus the ability to join online

Medical advisers – members can write to our medical advisors for independent advice

Factsheets – to enable you to gain a better understanding of your condition from information on a wide range of infertility-related subjects

UK-wide network - we have Regional Organisers working throughout the UK providing local help and support and liaising with health professionals

Information days – regional Information days are organised throughout the country, giving access to talks by leading specialists and an exhibition providing local information

Infertility publications – Amazon powered online Infertility Store at: www.infertilitybooks.co.uk

Funding For Fertility – visit our website to find out how fertility issues are currently managed by the NHS, what fertility care you are entitled to, to what extent the NHS funds fertility care in your local area, what you can do if the NHS will not fund the fertility treatment that you are entitled to, and much more!

FACTSHEETS

Please tick alongside factsheet/s required with your membership pack

Causes of Infertility

- Asherman's Syndrome
- Chlamydia
- Cystic Fibrosis and Infertility in Men
- Ectopic Pregnancy
- Endometriosis
- Fertility in the Older Woman
- Fibroids
- Male Infertility
- Ovulation Defects
- Placental Insufficiency
- Polycystic Ovary Syndrome (PCOS)
- Pregnancy Loss
- Premature Ovarian Failure
- Problems with Cervical Mucus
- Quick Guide to Male Infertility Problems
- Recurrent Miscarriage
- Secondary Infertility

Infertility Treatments

- Artificial Insemination by Husband/Partner & Intrauterine Insemination
- Cryopreservation in Assisted Reproduction
- Donor Embryos
- Donor Insemination
- Drugs used in Treatment
- Gamete Intra Fallopian Transfer (GIFT)
- Intra-Cytoplasmic Sperm Injection (ICSI) and Sperm Retrieval Techniques
- In Vitro Fertilisation and Embryo Transfer
- Oocyte (Egg) Donation
- Reproductive Immunology
- Reversal of Sterilisation
- Selective Salpingography
- Surrogacy
- Tubal Damage & Tubal Surgery
- Vasectomy Reversal

Adoption

- Adoption from Abroad
- Adoption in the UK

General Information

- Alternative Medicine
- Choosing a Clinic
- Coping Strategies
- Counselling
- Dietary
- Employment Issues
- Employment - Time Off for Treatment
- Families, Parents, Friends and Colleagues
- Fundraising Pack
- Glossary
- Infertility and Sex
- Investigations into Infertility
- Ovarian Hyper Stimulation Syndrome (OHSS)
- Ovulation Predictor Kits
- Pre-Conceptual Care
- Semen Analysis
- Stress and Infertility
- Treatment Overseas

Infertility-Related Organisations

- The Miscarriage Association

National Infertility Awareness Campaign (NIAC)

- Contacting your MP
- Getting Media Coverage
- How to Secure Funding
- Patient Groups

Please indicate if you are interested in receiving more information on the following:

- Becoming a Helpline
- Health Professional Membership Plan
- Receiving information on 'MORE TO LIFE'
- Setting up a local Support Group
- Supply of leaflets and posters for your GP/Clinic

We are grateful to our Gold Corporate Partners for supporting Infertility Network UK
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Why you should join Infertility Network Scotland

- Most importantly because you will have access to good quality, medically accurate information and emotional and practical support to enable you to make informed choices. You will also have access to all I N Scotland's services listed within this leaflet.
- I N Scotland has no statutory funding – your subscriptions help to ensure that we can provide our unique and essential service.
- The more people we represent, the more authority we carry and the greater our ability to influence change for the benefit of patients.
- To access the services Infertility Network Scotland provides, you can become a member for an **annual fee per couple of £20** (£30 if you are overseas). Anyone on Income Support may join or renew membership at the subsidised rate of £10 subject to proof of entitlement.

Please return this form to
Infertility Network UK Head Office,
Charter House, 43 St Leonards Road,
Bexhill on Sea, East Sussex TN40 1JA

Name: Mr/Mrs/Ms/Miss

(no more than two on any application)

Address:

Postcode:

Telephone number:

Email:

Where did you hear about Infertility Network Scotland?

I/we wish to make an additional donation of £

Gift Aid it - If you are a UK taxpayer we are able to reclaim tax that you have already paid and add it to your subscription/donation. Gift Aid costs you nothing, all you have to do is tick the box

Please tick here if you would like a receipt

Please tick here if you would like more information on our More To Life network

Please tick here if you would like more information on our ACeBabes network

Payment Method

1. I/We wish to pay by Direct Debit (please send details)
2. I/We wish to pay by Switch/Visa/Mastercard
3. Charity Card

Issue No. Valid from: Expiry Date:

Card No.

Three digits on security strip on reverse:

Cardholder's name (as it appears on the card):

Signature:

Address of cardholder (if different from above):

4. I/We wish to pay by cheque. Please make cheques payable to Infertility Network UK.

To enable you to log on to the website we need you to inform us of the following: -

Username:

Password:
